# FREQUENTLY ASKED QUESTIONS

#### Q: What is an "Essential Oil?"

**A:** An Essential Oil is a concentrated, hydrophobic liquid containing volatile aroma compounds from plants. Essential Oils are also known as volatile or ethereal oils, as they are extracted from leaves, buds, bark, trees, flowers and other parts of plants. The oil is "essential" in the sense that it carries a distinctive scent, or essence, from the plant. Essential Oils in general do not need to have any specific chemical properties in common, beyond conveying characteristic fragrances. They are not to be confused with essential fatty acids.

#### Q: What uses do Essential Oils have?

**A:** They have had many uses in the past, and new applications are being discovered even today. Essential Oils can be used for anything ranging from aromatherapy, homemade arts and crafts (such as candles), and soaps. However, they are not just limited to applications because of their smell, they are also very useful as bug repellents, and flavors for certain foods or drinks. Some of them even have natural medicinal and/or therapeutic properties.

#### Q: Can I take your oils internally or eat/drink them?

**A:** The International Federation of Aromatherapists does not recommend taking Essential Oils internally unless under the direct supervision of a medical doctor who is qualified in clinical Aromatherapy. Please make sure that, when you take any oils internally, it is under the guidance of a medical professional.

## Q: Are your oils really pure?

**A:** All of our oils are 100% pure, just like when you buy 100% pure orange juice at the supermarket. They contain nothing else than the essence of the plant they are extracted from and the oil itself, and are not diluted or watered down.

### Q: How do I know I'm really getting good quality products? How do I know your oils are as pure as you claim?

**A:** Every single one of our oils have a money-back guarantee! If you are not satisfied with your product for any reason, simply notify us within four weeks of purchase and we will work with you to ensure that you receive a refund or an exchange. We keep this guarantee as a show of gratitude for our customers, and we will do our best to keep you satisfied!